



Iveson Primary School
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Headteacher: Hayley Marshall

Dear Parents and Carers,

Relationships and Health Education (RHE)

Relationships and Health Education (RHE) is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships. It also fits with our school aims of raising the aspiration of every child by providing a rich and engaging curriculum, excellent teaching standards, giving our children a voice and collaborating with others. You can learn more about RHE provision in school by reading our RHE policy:

https://iveson-primary.co.uk/wp-content/uploads/2023/11/Model_policy_relationships_and_sex_education_from_2020-2.pdf

The government guidance for Relationships and Health Education (2019) outlines statutory learning outcomes for all primary-aged pupils from September 2020. To deliver our curriculum, we use the Discovery Education Health and Relationships programme to support us in meeting these outcomes through dedicated lesson time, in addition to cross-curricular learning through assemblies and links with other subjects. The programme lessons progress from year 1 to year 6 with activities and videos to make learning engaging and enjoyable for our pupils, as well as developing their learning and understanding in an age-appropriate way.

In Year 1 pupils cover the following content across the year: (This half term)

1. Healthy and happy friendships. Forming friendships and how kind or unkind behaviours impact other people.
2. Similarities and differences. Forming friendships and how kind or unkind behaviours impact other people.
3. Caring and responsibility. Identifying who our special people are and how they keep us safe.
4. Families and committed relationships. The range of relationships we experience in our everyday lives. How to identify each relationship and understand the differences between the types of relationships we encounter.
5. Healthy bodies, healthy minds. Our bodies and the amazing things they can do. Learning the correct names for different body parts, including private parts.

Children will be introduced to terminology including penis, vagina and bottom.



6. Coping with change. Growing from young to old and how we have changed since we were born. Careers, financial capability and economic wellbeing: My Money Pupils learn where money comes from (different jobs) keeping money safe and making choices when spending/saving. You can see an overview of the content for all year groups here: <https://iveson-primary.co.uk/wp-content/uploads/2021/11/RSE-and-PSHE-LTP.pdf>

In line with our RHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting. Any questions that give rise to concerns of a safeguarding nature will be handled in line with our published safeguarding policy Safeguarding – Iveson Primary School (iveson-primary.co.uk)

We welcome you contacting us if you have any questions or comments about the school's approach to this important, statutory area of learning. If you would like to see any of the content of the programme in more detail, please contact school to arrange a visit.

Yours sincerely,

Mrs Collinson, Mrs Button and Mrs Ord

