

Headteacher: Hayley Marshall

My Health My School Survey



Dear Parents/Carers,

Each year, all pupils in Years 5 and 6 complete the My Health My School Survey online. This is completed in school and is anonymous. Children in Yr5/Yr6 will be completing this online survey before we break up for the summer break. Please see below additional details:

FAQ's

1. Why is my child completing the My Health, My School Survey?

The My Health, My School Survey provides a platform to allow children and young people the opportunity to express their opinions and provide their experiences on their health and wellbeing in an anonymous way and in a comfortable school setting. The survey gathers information which can then be used by the school, cluster and city wide initiatives to inform tailored interventions to improve specific areas that have been identified as a concern. Future surveys can then be used to review the progress of this and to see if the issue has improved. Sustainability methods can then be put into place to ensure the change and improvement continues, or if further changes need to be made.

2. Does my child have to take part in this Survey?

Completion of the survey is not compulsory, however we do encourage every child to take part in the survey in order to gather complete and relevant data for each child in the class, and for important data to not be missed. We really appreciate all the support we receive from schools and parents regarding this, and would further appreciate any additional promotion and recommendation of the survey for your child and others to see the importance of taking part.

3. How can I support my child to complete this survey?

You can express to your child how important the survey is to complete so that their school and local authority can tailor their support, help and interventions to improve areas of concern and to highlight areas that your child themselves may want to help to improve as

part of a pupil/student leadership programme. We would encourage you to support your child in their involvement.

4. Is the survey anonymous?

Yes, the survey is completely anonymous and no identifiable information is collected.

5. What questions will be asked?

The questions that your child will be asked will be tailored to their age group, in order for no inappropriate questions to be asked to students that should not be asked about certain topics. The questions include topics around healthy eating, physical activity, Social, Emotional and Mental Health and Personal Social and Health Education.

6. How long will it take my child to complete the survey?

It generally takes around 45 minutes to 1 hour to complete the survey, although many pupils do complete it earlier than this.

7. Please can I see an example of what the survey looks like, that my child will see?

The screenshot shows a survey interface for 'B. Healthy Eating'. On the left is an illustration of a boy in a school uniform holding a clipboard. The question is: '1. In a normal week, how often do you have breakfast (this means not just a snack or a drink)?'. Below the question is a list of options with radio buttons: 'Every day (7 days)', 'Most days (4-6 days)', 'Some days (2-3 days)', 'Rarely (1 day)', and 'Never (0 days)'. At the bottom of the question area are navigation arrows and a progress indicator with three circles, the first of which is highlighted. On the right side of the screen is a 'Pupil Support' panel with the text: 'If you have any concerns and/or need any help or advice after completing the survey, then you should speak to a teacher or adult in your school. You can also access any of the websites or telephone numbers at the end of the survey.' At the bottom of the survey interface are logos for 'HealthySchools', 'School Wellbeing', and 'INVESTORS IN PUPILS'.



Delivering the National School Breakfast Programme